

## Tuning Equine Craniosacral Therapy Somato Emotional

**horsecare holding the upper hand - equine craniosacral** - 50 eventing march 2011 horsecare craniosacral therapy holding the upper hand could craniosacral therapy help to overcome a multitude of problems in event **holding the upper hand - equine craniosacral workshops** - march 2011 eventing 51 holding the upper hand cst in a nutshell dr william sutherland, an american osteopath, developed cst at the turn of the 20th century. **two day cranio sacral course for therapists** - 02.00 the role of the craniosacral practitioner tuning in 02.00 demonstration case studies mike will demonstrate craniosacral therapy on horses with known problems 03.30 break 03.30 break 04.00 leading or a following? 04.00 integration of craniosacral therapy and bodywork theory and practical 05.00 questions 05.00 questions and discussion 05.30 close 05.30 close please note: ÅçÅ€Åç blue denotes ... **malpractice, professional indemnity, public & products** ... - counselling supervision craniosacral therapy crystal healing/therapy dance teacher daoyin tao diet and nutrition advice drama & movement therapy dream analysis ear candling \* egyptian sekhem reiki electro-stimulation therapy emm tech (pg) emmett technique (pg) emotional freedom technique (eft) emotrance energy healing equine therapies + \* exercise/fitness instruction \*\* eye movement de ... **trigger points trigger point therapy can be used to help** - trigger point therapy can reduce pain, increase movement, and allows the muscles to lengthen and become stronger again. to treat trigger points, heavy pressure must be applied to the trigger point. light pressure is not effective for treating trigger points, and in fact may increase spasms as the muscle tries to protect itself, leading to increased and more constant pain. in contrast, moderate ...

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